

Bermuda Triathlon Association
Olympic Distance National Championships 24 September 2023

1,500 m swim, 40k bike, 10k run

		<u>Finish</u>	<u>Swim</u>	<u>Bike</u>	<u>Run</u>	
1st M	Steve Smith	2.17.24	24.21	1.06.01	47.02	Male National Champion
1st F	Ashley Couper	2.24.35	24.32	1.14.52	45.11	Female National Champion
2nd F	Karen Smith	2.26.43	22.44	1.16.46	47.13	
3rd F	Louise Wells	2.29.49	27.18	1.13.33	49.08	
4th F	Kristen Palmer	2.32.14	24.36	1.20.55	46.43	
2nd M	Jeremy Shrubb	2.34.37	24.27	1.18.49	51.21	
3rd M	Ben Adolph	2.39.26	27.32	1.20.26	51.31	15s Penalty
5th F	Zoe Roberts	2.54.48	31.47	1.21.57	1.01.04	
6th F	Jennifer Lightbourne	2.58.49	27.11	1.27.19	1.04.19	
4th M	Handsome Williams	3.21.42	23.26	1.31.17	1.26.59	
7th F	Marna Louw	3.49.44	44.31	1.43.57	1.21.16	
	Megan Berry	2.13.47	24.31	1.33.21	15.55	1 lap (2.5K) run only
	Julia Hawley	1.57.16	27.24	1.29.52		no run
	Liz Madeiros		27.29			swim only
DSQ	Panzy Olander	2.41.39	29.44	1.17.58	53.57	