

Bermuda Carifta Standards 2022

Under 17		Events	Under 20	
<i>Females</i>	<i>Males</i>		<i>Females</i>	<i>Males</i>
12:55	11:20	100m	12:15	10:80
25:50	22:40	200m	24:68	21:80
58:00	50.00	400m	56:61	48.50
2:23	2:00	800m	2:17	1:55
5:15.00	4:23.00	1500m	5:00.00	4:10.00
11:10.00	9:58.00	3000m	11:10.00	
		5000m U20		16:50.00
14:50 100mh	14:00 110mh	Hurdles		
1:05 400mh	56.81 400mh	Hurdles		
1.65m	1.85mm	High Jump	1.80m	2.00mm
5.55m	6.50m	Long Jump	5.80m	7.10m
12.00m	13.90m	Triple Jump	12.70m	14.70m
34.00m	45.75m	Javelin	40.19m	65.00m
12.60m	15.25m	Shot Put	13.00m	16.00m
34.50m	43.80m	Discus	40.00m	53.20m
			Heptathlon Open 3900	Octathlon Open 4200