









 <p> 15-17 50 Backstroke 15-17 100 Backstroke 15-17 200 IM 15-17 50 Breaststroke 15-17 50 Freestyle 15-17 200 Backstroke </p>	<p> <u>Shannon Hassell</u> Local Swim Club: Sharks Age: 16 School: Warwick Academy 6th time at CARIFTA Main events: Backstroke and Freestyle </p> <p> Shannon has won several medals in her years of competing at Carifta. She will be looking to continue her level of Carifta success. </p>	 <p> 15-17 50 Backstroke 15-17 200 Freestyle 15-17 50 fly 15-17 100 Backstroke 15-17 100 Freestyle 15-17 50 Freestyle 15-17 200 Backstroke </p>	<p> <u>Madelyn Moore</u> Local Swim Club: Sharks Age: 15 School: Warwick Academy 5th time at CARIFTA Main events: Freestyle and Backstroke </p> <p> Maddy has continued to perform at the highest level at Carifta. This will be her first time in the top age group and she will be looking to swim fast. </p>
 <p> 15-17 800 Freestyle 15-17 100 Butterfly 15-17 200 Freestyle 15-17 50 Butterfly 15-17 200 IM 15-17 100 Freestyle 15-17 400 Freestyle </p>	<p> <u>Vanessa Esposito</u> Local Swim Club: Harbour Age: 17 School: Overseas 4th time at CARIFTA Main events: Freestyle </p> <p> This will be the last Carifta opportunity for Vanessa. After her medal winning performance last year and great season so far she will be looking to finish strong. </p>	 <p> 15-17 100 Butterfly 15-17 200 Freestyle 15-17 50 Butterfly 15-17 100 Freestyle 15-17 400 Freestyle 15-17 50 Freestyle </p>	<p> <u>Jesse Washington</u> Local Swim Club: Sharks Age: 16 School: Warwick Academy 6th time at CARIFTA Main events: Butterfly and Freestyle </p> <p> Jesse will be looking to continue to move up in this competitive age group and hopes to get back on the podium. </p>

 <p> 13-14 50 Backstroke 13-14 100 Butterfly 13-14 50 Butterfly 13-14 100 Backstroke 13-14 400 IM 13-14 200 IM 13-14 100 Freestyle 13-14 50 Freestyle 13-14 200 Backstroke 13-14 5K Open water </p>	<p> <u>Emma Harvey</u> Local Swim Club: Harbour Age: 14 School: Overseas 4th time at CARIFTA Main events: Butterfly and Individual Medley </p> <p> Emma had an amazing Carifta last season while being at the bottom of the age group. Now that she is at the top of the age group we can hope for an even better performance </p>	 <p> 11-12 50 Backstroke 11-12 50 Butterfly 11-12 200 Freestyle 11-12 100 Backstroke 11-12 100 Freestyle 11-12 400 Freestyle 11-12 50 Freestyle </p>	<p> <u>Logan Watson-Brown</u> Local Swim Club: Sharks Age: 12 School: Warwick Academy 1st time at CARIFTA Main events: Free </p> <p> Logan switched her focus from gymnastics this year and has already reaped the results. She is looking to get to finals in her first Carifta. </p>
 <p> 11-12 50 Butterfly 11-12 100 Freestyle 11-12 50 Freestyle </p>	<p> <u>Alyson Scherer</u> Local Swim Club: Harbour Age: 12 School: Saltus 1st time at CARIFTA Main events: Freestyle </p> <p> Alyson burst on to the scene this winter when she qualified for the training team and Carifta team all on the same day. Her fast improvement this season will continue at Carifta. </p>	 <p> 11-12 50 Backstroke 11-12 200 Freestyle 11-12 100 Backstroke 11-12 200 IM 11-12 400 Freestyle 11-12 200 Backstroke </p>	<p> <u>Jessica Bruton</u> Local Swim Club: Sharks Age: 12 Scholl: Warwick Academy 1st time at CARIFTA Main events: Freestyle and Backstroke </p> <p> Jessica has been training to be on this team for a long time. She will be excited to get her first chance to compete at Carifta. </p>

 <p> 11-12 200 Breaststroke 11-12 50 Backstroke 11-12 50 Butterfly 11-12 100 Back 11-12 50 Breaststroke 11-12 200 IM 11-12 400 Freestyle 11-12 100 breast 11-12 200 Back </p>	<p> <u>Sam Williamson</u> Local Swim Club: Sharks Age: 11 School: Warwick Academy 1st time at CARIFTA Main events: Backstroke and Breaststroke </p> <p>As the youngest member of the team, this will be a great learning experience for Sam. He has been training hard and swimming fast this season.</p>	 <p> 11-12 50 Backstroke 11-12 100 Butterfly 11-12 50 Butterfly 11-12 100 Back 11-12 200 Freestyle 11-12 200 IM 11-12 100 Freestyle 11-12 50 Freestyle 11-12 200 Back </p>	<p> <u>Jack Harvey</u> Local Swim Club: Harbour Age: 12 School: Warwick Academy 2nd time at CARIFTA Main events: Freestyle and Backstroke </p> <p>Jack showed determination at his first Carifta and will be looking to use his experience on his second Carifta team.</p>
 <p> 11-12 100 Butterfly 11-12 200 Freestyle 11-12 400 IM 11-12 100 Freestyle 11-12 200 Butterfly 11-12 400 Freestyle 11-12 50 Freestyle </p>	<p> <u>Brian Desmond</u> Local Swim Club: Sharks Age: 12 School: Warwick Academy 1st time at CARIFTA Main events: Freestyle and Butterfly </p> <p>Brian has put in lots of work to reach his first Carifta. He will be looking to test himself at this next level of competition.</p>		<p> <u>Ashley Irby</u> <u>Gabriela Pitman</u> <u>Ethan Daley</u> </p> <p>These 3 swimmers were selected to compete at Carifta 2016 but have unfortunately not been able to attend this years competition.</p>

Carifta Swimming Championships will be held in Martinique from March 22nd to 25th with the open water swim on March 26th. The team will be travelling on March 19th to get their final preparations before the meet begins. Along with the 11 strong swimmers the team will accompanied by National coaches Ben Smith and Richard Goodwin. Shaun Hassell will be the team manager. Congratulations to all Carifta team members for being selected.