

# COACH DEVELOPMENT

## **BERMUDA COACHING COURSES**

## **LEVEL ONE**

#### Who is it for?

Perfect for those who are at least 16 years of age, who wish to start coaching netball, or teachers who are new or need a refresher on netball fundamentals.

#### What you will learn?

The level 1 netball coaching certificate has eight (8) Modules covering the role of the coach, how to give instruction and feedback, fundamental netball skills, court application and how to plan a training session. The course incorporates theoretical and practical components completed in-program. Successful completion of all modules and a netball rules quiz are required to gain the level 1 certificate.

### What are the entry requirements?

16 years or older

#### What are the qualification criteria?

Successful completion	on of SCARS	child pro	otection tra	ining or pr	oof of cu	ırrent c	ertification.
(Must be completed w	vithin 6 months	after the	finishina th	e course in	order to	receive (	certification.

	Successful com	pletion of the	coach practica	I assessment which	h will be video	recorded.
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**NOTE:** A level 1 coach will have to wait (2) years to gain experience before moving to the next level (Level 2). As such a level 1 and Level 2 certification cannot be attained in the same year.

#### **LEVEL TWO**

#### Who is it for?

Targeted for those who are knowledgeable on the current rules of netball and have been an active coach in netball coaching and training the same or multiple teams competitively for several years.

## What you will learn?

The level 2 netball coaching certificate has eight (8) modules covering strategy and game analysis, physiology of netball, the coach in action, game sense, and more advance netball skills. The course incorporates theoretical and practical components completed in-program. Successful completion of all modules and a netball rules quiz are required to gain the level 2 certificate.

What are the entry requirements?
☐ 18 years or older
☐ Participants must have coaching experience of training the same team for (3) or more years with competitive matches on a regular basis OR have a Level 1 Netball Coaching Certificate with (2) or more years of coaching experience in competition and training.
☐ Participants must have a basic or preliminary umpire qualification – (Bermuda Netball Umpire Award (or equivalent), AFNA Umpire C Award, or other umpire education and training.)
What are the qualification criteria?
☐ Successful completion of SCARS child protection training or proof of current certification (Must be completed within 6 months after the finishing the course in order to receive certification.)
$\square$ Successful completion of the coach practical assessment which will be video recorded.
<b>NOTE:</b> Successful completion of a <b>First Aid/CPR</b> course or proof of a current certification is <a href="https://disable.com/highly-encouraged">highly-encouraged</a> , but is <b>NOT mandatory</b> to earn the Level 2 certification.
ADVANTAGES OF OBTAINING A BERMUDA NETBALL
COACHING QUALIFICATION
☐ Learn how to coach netball fundamentals and more advanced netball skills to players more effectively.
skills to players more effectively.  □ Increase your confidence in delivering various aspects of coaching
skills to players more effectively.  □ Increase your confidence in delivering various aspects of coaching sessions.  □ There is potential to earn some extra cash under BNA programs or other external opportunities with schools, community or club teams, and